CUT UP THE PAGE

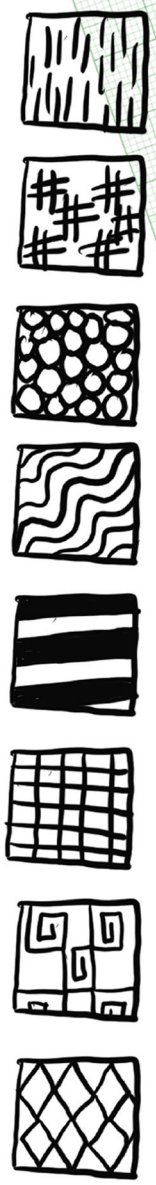
Cut or tear a piece from your blank page. Make a window in the middle, cut the corners off, tear the page into a triangle.
This instantly adds shape and space to your entry.

LAYER YOUR MATERIALS AND MEDIA

Red pencil not red enough for your anger? Try some black crayon on top, some purple marker on top of that. Don't like the result? Stick something over it.

DRAW A SHAPE AND FILL IT WITH A PATTERN

(THIS IS A NICE WAY TO UNWIND YOUR MIND)



SOME PATTERN IDEAS