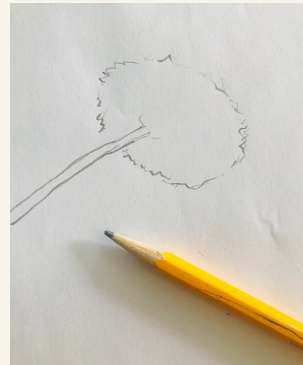


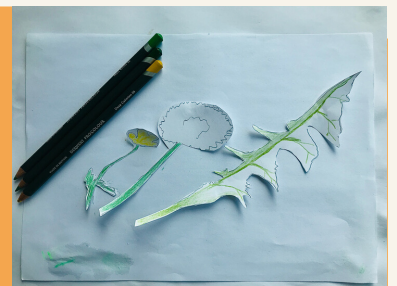
Sunshine Drawing & Painting

with Avril O Brien

Sunshine Drawing Catching Shadows



- Gather anything you would like to draw
- Find some sunshine or a light to cast a shadow on paper.
- Catch the shadow by drawing along the edges.
- Cut out the shapes and colour them in if you like.



Sunshine Painting



- Attach paper to a window and use tiny amounts of vegetable or olive oil.
- Paint with a stick, your finger or a brush.
- Cover a whole page in a little oil using a tissue. This makes the paper see through.
- Allow it to dry before having fun with putting shapes or drawings behind or in front of the paper.
- Have fun and experiment with your dreamy picture.